

## What are some family activities

Activities can be as varied as the number of members in the unit, however they should match the group. When planning activities consideration should be given to the average age, backgrounds, and interests in the group. An activity that was a success in one unit may not be successful in another.

**Activities to consider:** Sponsorship, command letters, telephone trees, family member briefings, youth activities, employer support, volunteer recognition, and social activities.

For more information on activities that are appropriate for family involvement and orientation, consult NGR 600-12 / ANGR 211-1, Appendix C and D.

### References:

DA Pamphlet 608-47, A guide to Establishing Family Support Groups

NGR 600-12, National Guard Family Program

ANGR 611-1, National Guard Family Program

Website:  
<http://www.nhpeas.ang.af.mil/hro>

## FOUNDATION OF THE FAMILY PROGRAM

FAMILY MEMBERS

UNIT FAMILY READINESS  
VOLUNTEERS

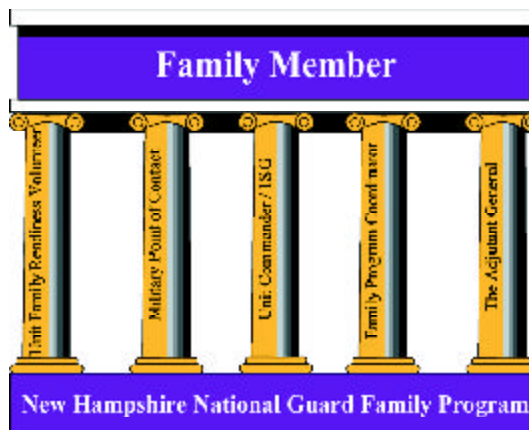
MILITARY STAFF PERSONNEL

COMMANDERS /  
SUPERVISORS

FAMILY PROGRAM  
COORDINATOR

THE ADJUTANT GENERAL

NEW HAMPSHIRE GUARD  
FAMILY PROGRAM



## NEW HAMPSHIRE NATIONAL GUARD

# What is the Family Program?

New Hampshire National Guard

Emergency Hotline

1-800-472-0328



## STATE FAMILY PROGRAM

State Military Reservation  
4 Pembroke Road  
Concord, NH 03301-5652

Office: (603) 225-1215  
Website: <http://www.nhpeas.ang.af.mil/hro>

## Mission of the Family Program

To serve as the commander's primary source for programs which enhance readiness of service members and their families and contribute to overall morale and welfare. To establish pre- and post- mobilization family assistance support requirements, responsibilities, resources, and procedures to support the overall mission of the New Hampshire National Guard.

## Goals of the Family Program

1. Establish a level of awareness among leaders, service members, and family members that encourage service members retention and improve readiness.
2. Emphasize the importance of the family and support family member participation in unit activities.
3. Provide yearly information briefings, Family Member ID Cards, Commissary Privilege cards, and Family Welcome Packets issued to family members.
4. Educate families about the benefits and entitlements both in current status and upon mobilization.
5. Link service members and families with available and appropriate resources.



## Why a Family Program

### *Everyone involved benefits:*

- ✍ *For the family member:* A unit Family Program develops a support network through which families mutually support each other. Communications networks are established between the unit and family members improving awareness of the organization of the military unit, its mission, and activities. A successful Family Program can develop a more positive attitude in family members towards themselves, the unit, and the New Hampshire National Guard.
- ✍ *For the service member:* Provides assurance that family members will have support in their absence. Knowing their families are provided for creates stability in service member performance in the unit, and enhances training and psychological readiness to fight.
- ✍ *For the command:* A unit Family Program affords increased levels of group confidence, commitment, and predictability among service members. There is potential for higher levels of training. A successful Family Program can help the unit prevent a significant portion of problems within families that are likely to impact adversely on service member performance or reduce unit strength levels through attrition. The commander's time and resources can be conserved, and detractors from its mission minimized, through Family Program assistance.

✍ *For National Guard:* A successful unit Family Program will make family members feel that they are truly part of the National Guard family. A successful Family Program combined with a training program that challenges the service member makes an unbeatable combination that will assure success in the all-important mission of retaining quality service members.

## Who are the Family Program Members

### *There are two types of Family Program members:*

- a. *Volunteers:* Unit Family Readiness volunteers are committee members responsible for a variety of Family Program projects and activities. Volunteers may be Guard members, spouses, children, parents, grandparents, brothers, sisters – any member of the Family who is interested in supporting the unit.
- b. *Program participants:* These are the recipients of the Family Program services. They may attend classes, seminars, or social events sponsored by the volunteers.

## How to Begin

There is no single way to start a family program in the units. The program's success depends on the volunteers and approval and support of the commanders.